

here... 

WITH YOU
EVERY STEP
OF THE WAY

www.nestlancashire.org

**Crime, bullying and harassment come in many forms.
If you have experienced:**

- bullying or online bullying
- emotional or psychological abuse
- grooming and sexual exploitation
- sexual abuse
- violence
- controlling and coercive behaviour
- sexting
- criminal damage or theft

we're here to help you get back on your feet.

Call: 0300 111 0323

Text NEST and your number to 60777

Email: info@nestlancashire.org



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Supporting Young Victims

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TO HELP
YOU MOVE
FORWARD

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