

My Relationships Mindmap



Write your name or draw yourself in the middle circle.

Think of people you know- for example parents, brothers, sisters, friends, teachers, neighbours.

Draw them or write their names in the other circles.

Draw a line from your circle to each of the other circles using the key below to show how you feel about that person.

Key



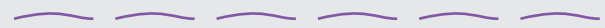
Great!- we get on really well and make each other happy



(Draw a straight line)



Hmm!- we sometimes have problems and don't always make each other happy



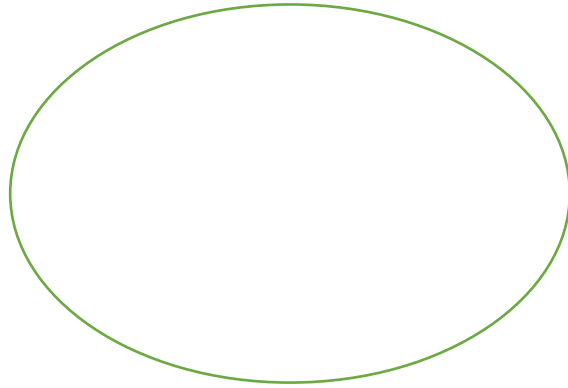
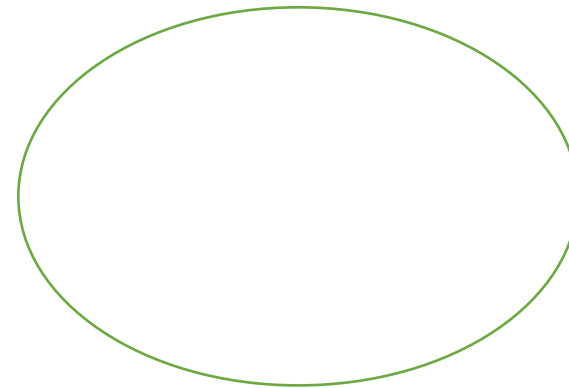
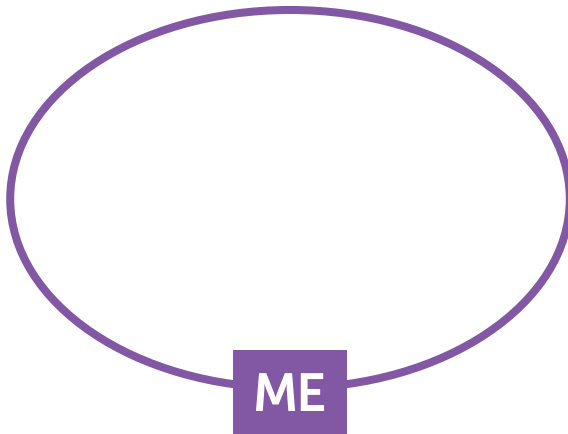
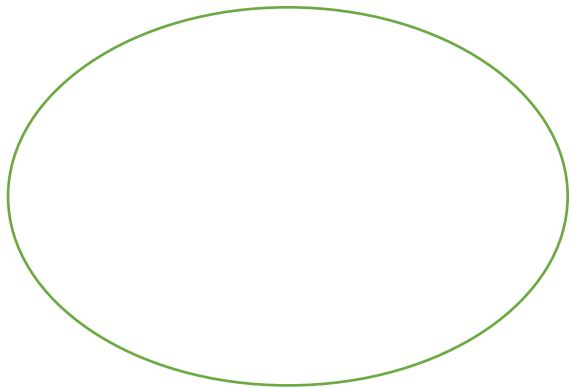
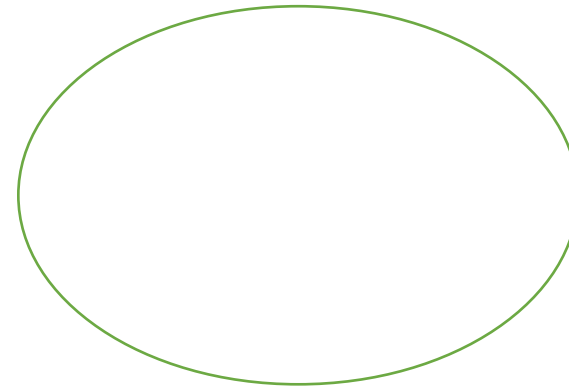
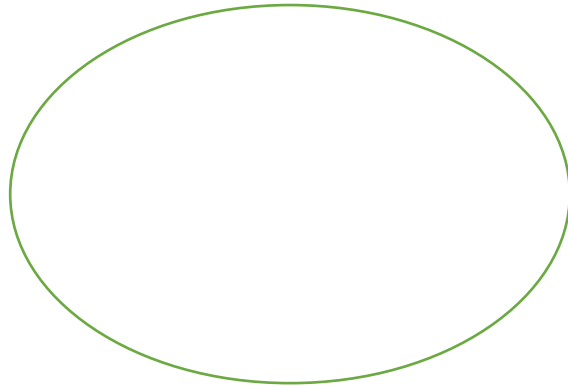
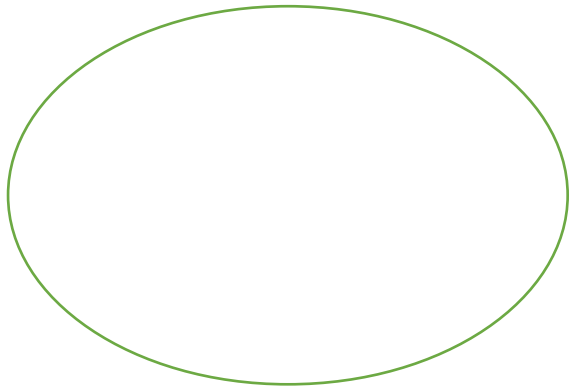
(Draw a dotted line)



We don't get on well or do things that upset one another



(Draw a zig zag line)



Think about any dotted or zig zag lines- How should you treat each other? How do you actually treat each other? What can you do if you are upset or angry with this person in the future?