

My Relationships Mindmap



Write your name or draw yourself in the middle circle.

Think of people in your life- for example parents, siblings, other family members, friends, teachers, neighbours, girlfriends, boyfriends.

Draw them or write their names in the other circles.

Draw a line from your circle to each of the other circles using the key below to show how you feel about your relationship with that person.

Think about-

- Why is the relationship this way?
- How should you treat each other?
- How do you actually treat other?
- The other people's relationships with each other- you could draw lines between the other people's circles to show what their relationship is like.
- Are everyone's rights being met?
- Is everyone living up to their responsibilities?

Key

Great!- I am happy with this relationship 

Hmm!- this relationship could be better 

OMG!- this relationship is really bad 

